



MURCHISON FALLS NATIONAL PARK

Massage Spa Treatment



Escape to a world of pampering & serenity on the river.

Soak in the breathtaking views of the Nile from your banda.

To ensure a personalized and unforgettable experience, kindly inform our team 2 hours before your desired appointment time.



Body Treatments

ELEVATED HAVEN (NATURAL SWEDISH)

USD100

60 MINUTES

Rejuvenate with a relaxing acupressure treatment, overlooking the tranquil Nile. Experience the magic of reduced muscle tension and improved circulation, leaving you feeling revitalized.

STRENGTH OF THE NILE
(NATURAL DEEP TISSUE)

USD120

90 MINUTES

Ease deep-seated tension and muscle stress with a powerful massage. Target specialized techniques for relief of common discomforts in specific areas of concern such as neck stiffness, lower back pain, and tight shoulders.

NILE QUICK WAVES (REFLEXOLOGY)

USD60

45 MINUTES

Experience the ultimate in stress relief with our special approach to the central nervous system. By applying pressure to the feet, our technique sends a calming message to the peripheral nervous system, inducing a harmonious adjustment of tension levels throughout the body. Indulge in a journey of tranquility and rejuvenation.





AFRICAN GLOW (HEAD, BACK & SHOULDERS)
45 MINUTES

USD **80**

Escape the clutches of fatigue and stress with our deeply indulgent head treatment. Begin with a nourishing scalp massage, followed by a rejuvenating neck, shoulder, and back massage to release accumulated tension. Emerge refreshed and renewed with this luxurious experience.

SPECIAL NOTE:

You can have a massage at the comfort of your room.





Massage Body Care Products

Elevate your spa experience with our eco-friendly approach, using locally sourced, bio-ingredients in refillable aluminum bottles for all body care products.

Show your support for sustainability while indulging in natural, cruelty-free products that are kind to both you and the planet.





Mtoni Glow Facial Treatment

PERSONALISED FACIAL

USD100

60 MINUTES

Transform your skin with a tailored facial featuring deep cleansing, exfoliation, custom massage and mask, an intensive booster serum for maximum results tailored to your needs.

MINI FACIAL

USD50

30 MINUTES

Indulge in a luxurious brefile facial treatment by our expert therapists, featuring deep cleansing, a revitalizing facial scrub, and a relaxing facial massage to revitalize and rejuvenate your skin.

Tranquil Touch (Body Scrub)

SALT & OIL BODY SCRUB

USD **80**

60 MINUTES

Experience the ultimate in luxury and rejuvenation with salt and essential oil body exfoliation. Allow the salt and oils to deeply hydrate and nourish your skin. Finish with a nourishing product application for silky smooth, revitalized skin.

COFFEE ORGANIC SCRUB / HONEY

USD **80**

BROWN SUGAR

60 MINUTES

Choose your preferred essential oil and our experts will blend it with carefully selected coffee to reveal a new layer of smooth, soft, and glowing skin. Say goodbye to dead skin and hello to youthful radiance.

The Bliss Collection

RIVER VIEW REVIVAL

USD130

90 MINUTES

Immerse yourself in a body scrub and massage of your choice, surrounded by the tranquil sounds of the River Nile. Experience a rejuvenating escape from the hustle and bustle of daily life.

TRANQUILITY

USD150

120 MINUTES

Indulge in a luxurious 2-hour spa experience with one of our expert therapists. Rejuvenate with a body scrub, invigorating facial, and aromatic massage, all while taking in the stunning views of the River Nile. Pamper yourself with the ultimate treatment.



Meet Our Masseuse



**AGABA
DENIS**
MASSEUSE



**NAMUYANJA
PROSSY**
MASSEUSE



**HARRIET
KWAWUN**
MASSEUSE



Massage Treatment Disclaimer

At Nile Safari Lodge, your well-being is our priority. To ensure you enjoy a safe and relaxing experience, please take note of the following:

Our massages are designed for relaxation and wellness. They are not a substitute for medical treatment or diagnosis.

Please inform your therapist of any health conditions such as: pregnancy, high/low blood pressure, heart conditions, skin allergies, recent injuries or surgeries, or any other medical concern.

Guests with fever, infectious illnesses, or conditions that may be affected by massage are kindly advised to postpone their treatment. Your therapist reserves the right to adjust, refuse, or stop a treatment if it is deemed unsafe for your well-being.

For your comfort and ours, we ask that all treatments are conducted with the utmost respect.

By booking a treatment, you acknowledge that you have shared any relevant health information with your therapist and accept personal responsibility for your health during the session.

****Relax, unwind, and let us take care of you.****



NOVAM
LIMITED

NILE SAFARI
LODGE

For more information, visit
our website:
www.nilesafarilodge.com
or scan this QR code.

